Duquesne University's Medication Therapy Management (MTM) is a pharmacist-directed wellness management program designed to help individuals with chronic health conditions such as high blood pressure, high cholesterol, diabetes, asthma, depression and chronic pain.

MTM PROGRAM BENEFITS:
• GAIN A BETTER UNDERSTANDING OF YOUR MEDICATIONS
• RECEIVE CONTINUAL GUIDANCE ON MEDICATIONS
• ACHIEVE HEALTH GOALS
• SAVE MONEY ON ELIGIBLE COPAYMENTS
• EDUCATION ON SELF-CARE AND WELLNESS BEHAVIORS TO ENHANCE OVERALL HEALTH

MULDOON BUILDING
Across from PPG Paints Arena
1000 5TH AVENUE
PITTSBURGH, PA 15282

Hours
Monday - Thursday
9am - 4pm
Friday
9am-12pm
What is MTM?
- A service provided to individual patients to help get the most benefit from their medications and prevent medication related problems.

How does the MTM Program at Duquesne work?
- Meet regularly with one of Duquesne’s clinical pharmacists at the Center for Integrative Health
- Our pharmacists work in partnership with your health care providers to ensure option health through the best use of medications and suggested lifestyle modifications

What can you expect to receive in the MTM program?
- Free health care visits and point of care testing at the Center for Integrative health
- Complete medication review including prescription and over the counter medications
- Medication Action Plan to prevent and resolve adverse drug reactions and drug interactions.
- Identification of medication related problems such as medications not being used correctly, unnecessary medications, or need for a medication for an inappropriately managed condition
  - In-depth medication related education, consultation and advice
  - Vaccination needs assessment and administration
- Waived copayments for chronic disease medications (*must be a member of Duquesne’s Cigna Open Access Plan or UPMC EPO Plan)

How can I be the most successful in this program?
- Success depends on you!
- Commitment to active participation in your own health and wellness
- A clinical pharmacist will be part of your health care team to help you set goals, monitor your progress and answer any questions

How do I enroll?
- Enroll today!
- Contact the Center for Pharmacy Care at 412-396-2155 or email us at cpc@duq.edu